



**YOU WILL NEVER RUN ALONE**

Diploma

**RUI MORAIS**

Race number: 6306 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2989

Age Group: M40

Place Age Group: 400

Time (iliquid): 4:44:19

Pace: 0:06:43

Time (liquid): 4:42:28

Check-Point nº 1 - 5k: 0:30:47

Check-Point nº 2 - 10k: 1:00:23

Check-Point nº 3 - 15k: 1:30:19

Check-Point nº 4 - 19.4k: 1:57:07

Check-Point nº 5 - 20k: 2:01:02

Check-Point nº 6 - 20.2k: 2:02:53

Check-Point nº 7 - MM: 2:09:00

Check-Point nº 8 - 25k: 2:35:20

Check-Point nº 9 - 25.2k: 2:37:01

Check-Point nº 10 - 30k: 3:11:23

Check-Point nº 11 - 35k: 3:49:27

Check-Point nº 12 - 40k: 4:29:30

Check-Point nº 13 - 41.1k: 4:37:21