



YOU WILL NEVER RUN ALONE

Diploma

JAKUB NOWAKOWSKI

Race number: 1099 | Gender: M

Nationality: POLÓNIA

Club:

Place: 1273

Age Group: M35

Place Age Group: 187

Time (iliquid): 3:48:00

Pace: 0:05:24

Time (liquid): 3:47:27

Check-Point nº 1 - 5k: 0:25:06

Check-Point nº 2 - 10k: 0:49:32

Check-Point nº 3 - 15k: 1:13:58

Check-Point nº 4 - 19.4k: 1:35:25

Check-Point nº 5 - 20k: 1:38:19

Check-Point nº 6 - 20.2k: 1:39:16

Check-Point nº 7 - MM: 1:43:52

Check-Point nº 8 - 25k: 2:03:44

Check-Point nº 9 - 25.2k: 2:04:38

Check-Point nº 10 - 30k: 2:30:55

Check-Point nº 11 - 35k: 3:00:41

Check-Point nº 12 - 40k: 3:34:11

Check-Point nº 13 - 41.1k: 3:41:42