



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ FERREIRA

Race number: 3384 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1715

Age Group: M45

Place Age Group: 271

Time (iliquid): 3:59:48

Pace: 0:05:41

Time (liquid): 3:58:50

Check-Point nº 1 - 5k: 0:27:06

Check-Point nº 2 - 10k: 0:52:33

Check-Point nº 3 - 15k: 1:18:03

Check-Point nº 4 - 19.4k: 1:40:23

Check-Point nº 5 - 20k: 1:43:44

Check-Point nº 6 - 20.2k: 1:44:38

Check-Point nº 7 - MM: 1:49:30

Check-Point nº 8 - 25k: 2:11:08

Check-Point nº 9 - 25.2k: 2:12:04

Check-Point nº 10 - 30k: 2:38:22

Check-Point nº 11 - 35k: 3:08:46

Check-Point nº 12 - 40k: 3:43:55

Check-Point nº 13 - 41.1k: 3:50:41