



**YOU WILL NEVER RUN ALONE**

Diploma

**RUI RAMOS**

Race number: 7543 | Gender: M  
Nationality: PORTUGAL  
Club: EARO

Place: 63      Age Group: M45      Place Age Group: 8

Time (iliquid): 2:47:28	Pace: 0:03:59	Time (liquid): 2:47:24
Check-Point nº 1 - 5k: 0:19:19	Check-Point nº 2 - 10k: 0:38:47	Check-Point nº 3 - 15k: 0:58:20
Check-Point nº 4 - 19.4k: 1:15:41	Check-Point nº 5 - 20k: 1:18:05	Check-Point nº 6 - 20.2k: 1:18:45
Check-Point nº 7 - MM: 1:22:28	Check-Point nº 8 - 25k: 1:38:08	Check-Point nº 9 - 25.2k: 1:38:48
Check-Point nº 10 - 30k: 1:58:06	Check-Point nº 11 - 35k: 2:17:51	Check-Point nº 12 - 40k: 2:38:11
Check-Point nº 13 - 41.1k: 2:43:00		