



**YOU WILL NEVER RUN ALONE**

Diploma

**DUARTE CANARIO**

Race number: 1100 | Gender: M  
Nationality: PORTUGAL  
Club: DIGITAL GATE RUNNERS

Place: 431      Age Group: M40      Place Age Group: 87

Time (iliquid): 3:19:08	Pace: 0:04:43	Time (liquid): 3:18:33
Check-Point nº 1 - 5k: None	Check-Point nº 2 - 10k: 0:44:37	Check-Point nº 3 - 15k: 1:06:38
Check-Point nº 4 - 19.4k: 1:26:20	Check-Point nº 5 - 20k: 1:29:01	Check-Point nº 6 - 20.2k: 1:29:47
Check-Point nº 7 - MM: 1:33:59	Check-Point nº 8 - 25k: 1:52:08	Check-Point nº 9 - 25.2k: 1:52:55
Check-Point nº 10 - 30k: 2:15:58	Check-Point nº 11 - 35k: 2:40:33	Check-Point nº 12 - 40k: 3:07:29
Check-Point nº 13 - 41.1k: 3:14:02		