



YOU WILL NEVER RUN ALONE

### Diploma

# BENJAMIM RIBEIRO

Race number: 1106 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1759

Age Group: M45

Place Age Group: 276

Time (iliquid): 4:01:06

Pace: 0:05:43

Time (liquid): 4:00:29

Check-Point nº 1 - 5k: 0:27:36

Check-Point nº 2 - 10k: 0:54:22

Check-Point nº 3 - 15k: 1:21:37

Check-Point nº 4 - 19.4k: 1:45:43

Check-Point nº 5 - 20k: 1:49:02

Check-Point nº 6 - 20.2k: 1:50:06

Check-Point nº 7 - MM: 1:55:17

Check-Point nº 8 - 25k: 2:17:04

Check-Point nº 9 - 25.2k: 2:18:14

Check-Point nº 10 - 30k: 2:46:52

Check-Point nº 11 - 35k: 3:17:55

Check-Point nº 12 - 40k: 3:47:30

Check-Point nº 13 - 41.1k: 3:54:51