



**YOU WILL NEVER RUN ALONE**

Diploma

**FRANCISCO CASEGAS**

Race number: 3572 | Gender: M  
Nationality: PORTUGAL  
Club: INDIVIDUAL

Place: 1533      Age Group: M20      Place Age Group: 351

Time (iliquid): 3:55:54	Pace: 0:05:35	Time (liquid): 3:55:05
Check-Point nº 1 - 5k: 0:25:31	Check-Point nº 2 - 10k: 0:50:03	Check-Point nº 3 - 15k: 1:14:41
Check-Point nº 4 - 19.4k: 1:36:43	Check-Point nº 5 - 20k: 1:39:49	Check-Point nº 6 - 20.2k: 1:40:42
Check-Point nº 7 - MM: 1:45:24	Check-Point nº 8 - 25k: 2:06:11	Check-Point nº 9 - 25.2k: 2:07:09
Check-Point nº 10 - 30k: 2:35:00	Check-Point nº 11 - 35k: 3:06:58	Check-Point nº 12 - 40k: 3:42:13
Check-Point nº 13 - 41.1k: 3:50:03		