



YOU WILL NEVER RUN ALONE

Diploma

RITA CARVALHO

Race number: 3661 | Gender: F
Nationality: PORTUGAL
Club:

Place: 1681 Age Group: F20 Place Age Group: 60

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|------------------------------------|----------------------------------|-----------------------------------|
| Time (iliquid): 3:59:17 | Pace: 0:05:40 | Time (liquid): 3:58:06 |
| Check-Point nº 1 - 5k: 0:28:53 | Check-Point nº 2 - 10k: 0:55:51 | Check-Point nº 3 - 15k: 1:22:51 |
| Check-Point nº 4 - 19.4k: 1:46:48 | Check-Point nº 5 - 20k: 1:50:08 | Check-Point nº 6 - 20.2k: 1:51:05 |
| Check-Point nº 7 - MM: 1:56:03 | Check-Point nº 8 - 25k: 2:17:53 | Check-Point nº 9 - 25.2k: 2:18:52 |
| Check-Point nº 10 - 30k: 2:47:20 | Check-Point nº 11 - 35k: 3:16:42 | Check-Point nº 12 - 40k: 3:46:50 |
| Check-Point nº 13 - 41.1k: 3:53:39 | | |