



YOU WILL NEVER RUN ALONE

Diploma

MANUEL LUIS SILVA

Race number: 82 | Gender: M
Nationality: PORTUGAL
Club: ZOME

Place: 2036 Age Group: M60 Place Age Group: 59

Time (iliquid): 4:10:33	Pace: 0:05:54	Time (liquid): 4:08:22
Check-Point nº 1 - 5k: 0:30:24	Check-Point nº 2 - 10k: 0:57:53	Check-Point nº 3 - 15k: 1:25:11
Check-Point nº 4 - 19.4k: 1:49:05	Check-Point nº 5 - 20k: 1:52:25	Check-Point nº 6 - 20.2k: 1:53:26
Check-Point nº 7 - MM: 1:58:32	Check-Point nº 8 - 25k: 2:20:10	Check-Point nº 9 - 25.2k: 2:22:46
Check-Point nº 10 - 30k: 2:48:49	Check-Point nº 11 - 35k: 3:19:11	Check-Point nº 12 - 40k: 3:54:29
Check-Point nº 13 - 41.1k: 4:03:28		