



**YOU WILL NEVER RUN ALONE**

Diploma

**TELMO VELOSO**

Race number: 152 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1721

Age Group: M45

Place Age Group: 273

Time (iliquid): 4:00:02

Pace: 0:05:40

Time (liquid): 3:58:28

Check-Point nº 1 - 5k: 0:29:53

Check-Point nº 2 - 10k: 0:58:08

Check-Point nº 3 - 15k: 1:25:56

Check-Point nº 4 - 19.4k: 1:50:28

Check-Point nº 5 - 20k: 1:53:53

Check-Point nº 6 - 20.2k: 1:54:50

Check-Point nº 7 - MM: 2:00:01

Check-Point nº 8 - 25k: 2:22:02

Check-Point nº 9 - 25.2k: 2:23:01

Check-Point nº 10 - 30k: 2:50:49

Check-Point nº 11 - 35k: 3:18:46

Check-Point nº 12 - 40k: 3:47:24

Check-Point nº 13 - 41.1k: 3:53:47