



YOU WILL NEVER RUN ALONE

Diploma

ANTÓNIO FERREIRA

Race number: 6780 | Gender: M

Nationality: PORTUGAL

Club: LACTOGAL - LACTOGAL - CRUISECAR RUNNERS

Place: 1857

Age Group: M55

Place Age Group: 97

Time (iliquid): 4:03:38

Pace: 0:05:45

Time (liquid): 4:01:41

Check-Point nº 1 - 5k: 0:29:10

Check-Point nº 2 - 10k: 0:55:41

Check-Point nº 3 - 15k: 1:21:49

Check-Point nº 4 - 19.4k: 1:44:42

Check-Point nº 5 - 20k: 1:47:55

Check-Point nº 6 - 20.2k: 1:48:50

Check-Point nº 7 - MM: 1:53:43

Check-Point nº 8 - 25k: 2:14:24

Check-Point nº 9 - 25.2k: 2:15:19

Check-Point nº 10 - 30k: 2:41:28

Check-Point nº 11 - 35k: 3:10:53

Check-Point nº 12 - 40k: 3:48:30

Check-Point nº 13 - 41.1k: 3:56:43