



**YOU WILL NEVER RUN ALONE**

Diploma

**JORGE RIBEIRO**

Race number: 1339 | Gender: M  
Nationality: PORTUGAL  
Club: EDP C

Place: 1606      Age Group: M45      Place Age Group: 250

Time (iliquid): 3:57:49	Pace: 0:05:34	Time (liquid): 3:54:09
Check-Point nº 1 - 5k: 0:32:31	Check-Point nº 2 - 10k: 0:59:37	Check-Point nº 3 - 15k: 1:27:03
Check-Point nº 4 - 19.4k: 1:50:59	Check-Point nº 5 - 20k: 1:54:16	Check-Point nº 6 - 20.2k: 1:55:17
Check-Point nº 7 - MM: 2:00:26	Check-Point nº 8 - 25k: 2:21:55	Check-Point nº 9 - 25.2k: 2:22:52
Check-Point nº 10 - 30k: 2:49:03	Check-Point nº 11 - 35k: 3:16:51	Check-Point nº 12 - 40k: 3:45:09
Check-Point nº 13 - 41.1k: 3:52:01		