



YOU WILL NEVER RUN ALONE

Diploma

SERAFIM RAMOS

Race number: 1360 | Gender: M

Nationality: PORTUGAL

Club: EDP C

Place: 850

Age Group: M65

Place Age Group: 5

Time (iliquid): 3:36:21

Pace: 0:05:07

Time (liquid): 3:35:34

Check-Point nº 1 - 5k: 0:26:43

Check-Point nº 2 - 10k: 0:51:58

Check-Point nº 3 - 15k: 1:17:23

Check-Point nº 4 - 19.4k: 1:39:27

Check-Point nº 5 - 20k: 1:42:30

Check-Point nº 6 - 20.2k: 1:43:22

Check-Point nº 7 - MM: 1:47:58

Check-Point nº 8 - 25k: 2:07:38

Check-Point nº 9 - 25.2k: 2:08:30

Check-Point nº 10 - 30k: 2:33:15

Check-Point nº 11 - 35k: 2:58:52

Check-Point nº 12 - 40k: 3:25:06

Check-Point nº 13 - 41.1k: 3:31:06