



YOU WILL NEVER RUN ALONE

Diploma

MARIA PROENÇA

Race number: 1379 | Gender: F

Nationality: PORTUGAL

Club: EDP C

Place: 2911

Age Group: F50

Place Age Group: 68

Time (iliquid): 4:41:53

Pace: 0:06:40

Time (liquid): 4:40:12

Check-Point nº 1 - 5k: 0:31:31

Check-Point nº 2 - 10k: 1:01:33

Check-Point nº 3 - 15k: 1:31:18

Check-Point nº 4 - 19.4k: 1:57:22

Check-Point nº 5 - 20k: 2:00:58

Check-Point nº 6 - 20.2k: 2:02:05

Check-Point nº 7 - MM: 2:07:57

Check-Point nº 8 - 25k: 2:32:31

Check-Point nº 9 - 25.2k: 2:33:39

Check-Point nº 10 - 30k: 3:05:43

Check-Point nº 11 - 35k: 3:46:40

Check-Point nº 12 - 40k: 4:26:13

Check-Point nº 13 - 41.1k: 4:35:40