



**YOU WILL NEVER RUN ALONE**

Diploma

**MIGUEL LOUREIRO**

Race number: 1428 | Gender: M  
Nationality: PORTUGAL  
Club: EDP C

Place: 2985      Age Group: M45      Place Age Group: 422

Time (iliquid): 4:44:16	Pace: 0:06:45	Time (liquid): 4:43:49
Check-Point nº 1 - 5k: 0:26:52	Check-Point nº 2 - 10k: 0:52:37	Check-Point nº 3 - 15k: 1:19:03
Check-Point nº 4 - 19.4k: 1:42:55	Check-Point nº 5 - 20k: 1:46:21	Check-Point nº 6 - 20.2k: 1:47:38
Check-Point nº 7 - MM: 1:53:03	Check-Point nº 8 - 25k: 2:19:17	Check-Point nº 9 - 25.2k: 2:23:28
Check-Point nº 10 - 30k: 2:57:17	Check-Point nº 11 - 35k: 3:40:43	Check-Point nº 12 - 40k: 4:26:09
Check-Point nº 13 - 41.1k: 4:36:07		