



YOU WILL NEVER RUN ALONE

Diploma

ANA RITA MIRA

Race number: 6819 | Gender: F

Nationality: PORTUGAL

Club:

Place: 2925

Age Group: F20

Place Age Group: 148

Time (iliquid): 4:42:51

Pace: 0:06:34

Time (liquid): 4:35:54

Check-Point nº 1 - 5k: 0:36:19

Check-Point nº 2 - 10k: 1:06:50

Check-Point nº 3 - 15k: 1:37:56

Check-Point nº 4 - 19.4k: 2:04:12

Check-Point nº 5 - 20k: 2:07:53

Check-Point nº 6 - 20.2k: 2:09:01

Check-Point nº 7 - MM: 2:14:39

Check-Point nº 8 - 25k: 2:38:47

Check-Point nº 9 - 25.2k: 2:39:54

Check-Point nº 10 - 30k: 3:10:12

Check-Point nº 11 - 35k: 3:42:59

Check-Point nº 12 - 40k: 4:25:22

Check-Point nº 13 - 41.1k: 4:35:40