



YOU WILL NEVER RUN ALONE

Diploma

RICARDO ALMEIDA

Race number: 6828 | Gender: M
Nationality: PORTUGAL
Club: HYUNDAI - HYUNDAI -

Place: 1354 Age Group: M40 Place Age Group: 215

Time (iliquid): 3:50:31	Pace: 0:05:26	Time (liquid): 3:48:50
Check-Point nº 1 - 5k: 0:28:42	Check-Point nº 2 - 10k: 0:54:34	Check-Point nº 3 - 15k: 1:21:01
Check-Point nº 4 - 19.4k: 1:44:15	Check-Point nº 5 - 20k: 1:47:30	Check-Point nº 6 - 20.2k: 1:48:27
Check-Point nº 7 - MM: 1:53:30	Check-Point nº 8 - 25k: 2:15:12	Check-Point nº 9 - 25.2k: 2:16:12
Check-Point nº 10 - 30k: 2:43:35	Check-Point nº 11 - 35k: 3:11:24	Check-Point nº 12 - 40k: 3:38:50
Check-Point nº 13 - 41.1k: 3:45:12		