



YOU WILL NEVER RUN ALONE

Diploma

RUI COSTA

Race number: 1675 | Gender: M
Nationality: PORTUGAL
Club: CAO

Place: 580 Age Group: M45 Place Age Group: 96

Time (iliquid): 3:26:42	Pace: 0:04:55	Time (liquid): 3:26:37
Check-Point nº 1 - 5k: 0:21:20	Check-Point nº 2 - 10k: 0:42:45	Check-Point nº 3 - 15k: 1:05:38
Check-Point nº 4 - 19.4k: 1:26:58	Check-Point nº 5 - 20k: 1:29:59	Check-Point nº 6 - 20.2k: 1:30:51
Check-Point nº 7 - MM: 1:35:33	Check-Point nº 8 - 25k: 1:55:29	Check-Point nº 9 - 25.2k: 1:56:21
Check-Point nº 10 - 30k: 2:20:13	Check-Point nº 11 - 35k: 2:45:33	Check-Point nº 12 - 40k: 3:14:34
Check-Point nº 13 - 41.1k: 3:21:21		