



**YOU WILL NEVER RUN ALONE**

Diploma

**SANDRA SILVA**

Race number: 1766 | Gender: F

Nationality: PORTUGAL

Club: LLFC

Place: 1987

Age Group: F45

Place Age Group: 36

Time (iliquid): 4:08:35

Pace: 0:05:54

Time (liquid): 4:08:23

Check-Point nº 1 - 5k: 0:27:29

Check-Point nº 2 - 10k: 0:54:16

Check-Point nº 3 - 15k: 1:21:27

Check-Point nº 4 - 19.4k: 1:45:22

Check-Point nº 5 - 20k: 1:48:40

Check-Point nº 6 - 20.2k: 1:49:40

Check-Point nº 7 - MM: 1:54:43

Check-Point nº 8 - 25k: 2:16:14

Check-Point nº 9 - 25.2k: 2:17:19

Check-Point nº 10 - 30k: 2:44:51

Check-Point nº 11 - 35k: 3:19:55

Check-Point nº 12 - 40k: 3:54:32

Check-Point nº 13 - 41.1k: 4:02:17