



YOU WILL NEVER RUN ALONE

Diploma

CARLA BERNARDINO

Race number: 1626 | Gender: F
Nationality: PORTUGAL
Club: AWRP

Place: 925 Age Group: F45 Place Age Group: 7

Time (iliquid): 3:38:40	Pace: 0:05:12	Time (liquid): 3:38:26
Check-Point nº 1 - 5k: 0:23:33	Check-Point nº 2 - 10k: 0:47:46	Check-Point nº 3 - 15k: 1:12:31
Check-Point nº 4 - 19.4k: 1:34:28	Check-Point nº 5 - 20k: 1:37:27	Check-Point nº 6 - 20.2k: 1:38:23
Check-Point nº 7 - MM: 1:43:02	Check-Point nº 8 - 25k: 2:03:30	Check-Point nº 9 - 25.2k: 2:04:31
Check-Point nº 10 - 30k: 2:29:34	Check-Point nº 11 - 35k: 2:57:26	Check-Point nº 12 - 40k: 3:26:22
Check-Point nº 13 - 41.1k: 3:33:00		