



**YOU WILL NEVER RUN ALONE**

Diploma

**SANDRA ALVES**

Race number: 3184 | Gender: F  
Nationality: PORTUGAL  
Club: ONTRISPORTS

Place: 1200      Age Group: F45      Place Age Group: 14

Time (iliquid): 3:45:48	Pace: 0:05:21	Time (liquid): 3:44:56
Check-Point nº 1 - 5k: 0:27:21	Check-Point nº 2 - 10k: 0:53:10	Check-Point nº 3 - 15k: 1:19:15
Check-Point nº 4 - 19.4k: 1:42:00	Check-Point nº 5 - 20k: 1:45:10	Check-Point nº 6 - 20.2k: 1:46:03
Check-Point nº 7 - MM: 1:50:49	Check-Point nº 8 - 25k: 2:11:42	Check-Point nº 9 - 25.2k: 2:12:41
Check-Point nº 10 - 30k: None	Check-Point nº 11 - 35k: 3:05:54	Check-Point nº 12 - 40k: 3:33:48
Check-Point nº 13 - 41.1k: 3:40:13		